

# Consumer workforce leadership development program



Open now for registrations of interest

Athena's consumer workforce leadership development program has been customised for consumer workers looking to develop leadership skills and is responsive to the Royal Commission mandate to grow consumer leadership across all levels of the mental health sector.

This program is suitable for consumers anywhere in the mental health sector in a range of roles such as peer discipline leads, consumer consultancy, team leaders, consumer advisors, management and change management roles or any consumer worker wanting to grow their career.

This course will develop your leadership skills and capabilities as a consumer worker so that you can become more confident, strategic and influential both in your workplace and more broadly across the sector.

The program includes 5 workshops and opportunities for group and individual reflection. It focuses on exploring opportunities and challenges within a consumer leadership context through:

- Practical skill acquisition
- Participative learning methods
- Critical thinking
- Knowledge sharing
- Networking

Read over for details of the program.



**Dates** The program commences 19 April 2023 and runs over 12 months, with dates for individual sessions to be negotiated with participants.

**Cost** \$4,950 (incl. GST)  
If you are interested and eligible, funding for this program may be available through Mental Health Victoria grants ([read more here](#))

**Open to** People employed in designated consumer workforce roles. Preference will be given to people in Victoria but applications are open across Australia.

**Places are limited**  
20 places maximum.  
Note: we require at least 10 registrations to proceed with the program.

## About Athena CWC

Athena Consumer Workforce Consulting is the only consumer-led workforce development organisation in Victoria.

Athena partners are Indigo Daya, Vrinda Edan and Cath Roper. We have each been consumer workers over decades, and between us we've worked in every type of consumer role.

Our courses are designed by and for the consumer workforce, to meet our unique needs. We hold a deep understanding of the challenges and opportunities, the passion and the tensions, the hopes and the fears in consumer work.

[www.athenacwc.com.au](http://www.athenacwc.com.au)

Applications / register interest [Click here to apply](#)

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Leadership workshops	<b>a. Advisory and consulting work</b> Effective engagement and influencing strategies; using your voice	10 x half-day workshops <i>Total: 40 hours</i>
	<b>b. Human rights</b> Understanding and applying human rights considerations in all aspects of consumer work	
	<b>c. Coproduction</b> Authentic, best practice participatory strategies that are fit for purpose	
	<b>d. Cultivating allies</b> Identifying and nurturing allies; the roles that allies can play in furthering consumer workforce aims	
	<b>e. Consumer leadership</b> Thought leadership, change management, policy development, governance, funding, quality and safety, oversight, regulation and reform	
Leadership co-reflection	Small group co-reflection, sharing 'on the ground' leadership practices – challenges, enablers, strategies	3 x 1.5 hours <i>Total 4.5 hours</i>
Individual reflective spaces	Two confidential conversations with an Athena trainer in support of their leadership development practices	2 x 1 hour <i>Total 2 hours</i>
Consumer leadership panel	An invited panel of consumer leaders discuss their experiences with Q & A, followed by small group discussion	3.5 hours
<b>Total contact learning hours</b>		<b>50 hours</b>

*Note: Successful completion of the program will require a presentation.*

**Enquiries?** Contact us on email: [226athena@gmail.com](mailto:226athena@gmail.com)